

Snowboard Levels



LEVEL 1 - BEGINNER

Terrain: Flat areas. Green.

Task: Footed drills

- Lift: Freedom 7
- O Introdution to equipment.
 O Can skate and glide.
- Can walk and climb.
- O Can manage (1 foot) J-turns.
- Can manage uphill and downhill edges.

LEVEL 2 - BEGINNER

Terrain: Beginner areas. Green. Task: Loading conveyors, traversing & stopping.

Lift: Freedom 7 & Moonwalk Magic

- O Can safely load and unload conveyors.
- O Strap in two feet and get up.
- O Traverse on uphill edge, stopping with J-turn.
- O Side skid on traverse.
- O Traverse with garlands.

LEVEL 3 - BEGINNER

Terrain: Green

Task: Turning and riding the chair lifts. Lift: Moonwalk Magic & Apollo 14

- OCan turn in both directions.
- OCan link turns.
- OCan safely load and unload the chairlift.

LEVEL 4 - BEGINNER INTERMEDIATE

Terrain: Green & Blue Task: Speed control Lift: Apollo 14 & Mercury Redstone

- O Can manage basic linked and skidded turns.
- O Working on speed control.
- Working on form and balance.

LEVEL 5 - INTERMEDIATE

Terrain: Blue

Task: Adapting to different terrain & snow conditions.

Lift: Apollo 14 & Mercury Redstone

- O Can link turns of various shape and duration.
- O Can adjust speed on steeper terrain.
- O Can adjust stance for changing terrain and snow conditions.

LEVEL 6 - INTERMEDIATE

Terrain: All- Most Conditions Task: Working on the six fundamentals of snowboarding.

Lift: Apollo 14 & Mercury Redstone

- O Center of mass forward and after center of mass side to side. Pressure, tilt, pivot and twist.
- O Working on dynamic riding.
- O Can carve turns of various size, shape and duration.
 - LEVEL 7 INTERMEDIATE ADVANCED

Terrain: All- All Conditions Task: Short radius turns. Lift: Apollo 14 & Mercury Redstone

- OCan manage short skidded turns in the fall line with speed control.
- OCan manage short carved turns in the fall line.

LEVEL 8 - ADVANCED

Terrain: All- All Conditions Task: Fakie/switch riding. Lift: Apollo 14 & Mercury Redstone

- O Intro to switch riding.
- O Can manage all terrain and snow conditions safely and confidently.